

## *LAMBERT'S RESVERATROL*

*From the desk of David E. Hess, M.D.*

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*As a board certified family physician for over 15 years, I have often recommended to my patients that they drink a glass of red wine a day to help lower their "bad" cholesterol and raise their "good" cholesterol. It has now been shown that wine contains a chemical named Resveratrol that works as an antioxidant to reduce the oxidation of low – density lipoproteins or "bad" cholesterol. Hence, Resveratrol may offer protection against arteriosclerosis and heart disease. Resveratrol has also been implicated in enhancing longevity and helping slow the ageing process. Top institutions such as Memorial Sloan – Kettering Cancer Center have even suggested that Resveratrol may play a role in cancer prevention. Just one teaspoon of Lambert's Resveratrol contains more Resveratrol than is contained in over 150 glasses of red wine.*

*Resveratrol is not a "man-made" chemical but a natural occurring product in nature. As an added bonus, Resveratrol appears to be very safe and has no known interactions with any other medications.*

*Therefore it is with great enthusiasm that I recommend Lambert's Resveratrol as a dietary supplement to help maintain good health and longevity.*

*I have been told similar products in similar quantities sell for as much as \$100 a bottle. Now you can get Resveratrol through Lambert's at a substantial savings.*

*David E. Hess, M.D.*

*Board Certified Family Practice Physician*